

Winter Schedule



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
GB 1 - Fundamentals Under 3 Stripes		GBK - LC1 3 - 6 Years Old			GBK Bring-A-Friend 9:00 AM - 10:00 AM
GB 1 - Advanced 3 Stripes and Up		GBK - LC 2 7-9 Years Old			
	GBK - Juniors 10-14 Years Old				GBW- Women's Class 10:00 AM to 11:00 AM
GB All-Levels 6:00 AM to 7:00 AM		GB All-Levels 6:00 AM to 7:00 AM			GBK COMPETITION 10:00 AM - 11:00 AM
GB 1 12:00 PM to 1:00 PM	GB 2 12:00 PM to 1:00 PM	GB All-Levels NOGI 12:00 PM to 1:00 PM	GB 2 12:00 PM to 1:00 PM	GB 1 12:00 PM to 1:00 PM	GB All-Levels 11:00 AM to 12:00 PM
GB 2 Live Training 1:00 PM to 1:30 PM	GB 2 Live Training 1:00 PM to 1:30 PM	GB 2 Live Training 1:00 PM to 1:30 PM	GB 2 Live Training 1:00 PM to 1:30 PM	GB 2 Live Training 1:00 PM to 1:30 PM	ADULT COMPETITION 12:00 PM - 1:30 PM

Evening Classes

GBK - LC 2 4:30 PM - 5:30 PM	GBK - LC 1 4:30 PM - 5:15 PM	GBK - LC 2 NOGI 4:30 PM - 5:30 PM	GBK - LC 1 4:30 PM - 5:15 PM		
GBK - Juniors 5:30 PM - 6:30 PM	GBK - LC 2/Juniors 5:30 PM - 6:30 PM	GBK - Juniors NOGI 5:30 PM - 6:30 PM	GBK - LC 2/Juniors 5:30 PM - 6:30 PM	GBK COMPETITION 4:30 PM - 5:30 PM	
GB 1 6:30 PM to 7:30 PM	GB 2 6:30 PM to 7:30 PM	GB 1 NOGI 6:30 PM to 7:30 PM	GB 2 6:30 PM to 7:30 PM	GB All-Levels Study Hall 5:30 PM to 6:30 PM	
	GB 1 7:30 PM to 8:30 PM		GB 1 7:30 PM to 8:30 PM		